

### Leinster Bowling Club



# Health & Active Ageing!

**Experts – Rathmines – Leading Practitioners** 

## (1) Personal Health Medical Centre

"Healthcare for Active Ageing" by Andrew Dunne

#### (2) Deveney's Pharmacy "Diet, Food & Mood" by Deirdre Ni Fhloinn

Information Evening for LCC members and friends, discussion in Bar afterwards (at own cost)

#### Friday 1 November 2019 7.30 to 9.00 pm in the LCC Function Room Leinster Sports Club, Observatory Lane

Talks Free! Just come along on the evening or register with Paul Conroy in advance on (01) 497 4673

Leinster Cricket Club, at Leinster Sports Centre, 1 Observatory Lane, Rathmines, Dublin 6. Tel 01 497 4673 <u>www.leinsterbowlingclub.ie</u>